

REGISTRATION FORM



Augustin Children's Center
3399 Winton Rd. S.
Rochester, NY 14623

Space is Limited

Name: _____
Address: _____
Phone: _____ e-mail: _____

Request confirmation by _____ phone _____ e-mail

Cost for Conference: _____ Professional \$20 _____ Parent \$10

Payment by: _____ Check _____ Purchase Order # _____
Make payments out to CP Rochester

Cancellations received by April 24th are refundable minus a 50% service charge.
On site registration is welcome on a space available basis.

Please contact Erika Brace (585) 334-6000 x234, e brace@prochester.org with any questions.



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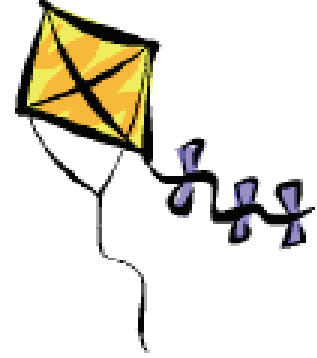


Augustin Children's Center

hosts

Dr. Margot Weinberg M.D.

Upstate's only Integrative Medicine Practitioner



Thursday April 30th
6:30-8:30

CP Rochester
Rochester, NY

Discuss how toxins in the home, environment, foods and personal hygiene products can disrupt the immune system and effect behavior leading to an increase in the diagnosis of asthma, allergies and developmental disabilities

Margot Weinberg, MD

Dr. Weinberg is a graduate of Albany Medical College and the University of Rochester. She entered into general pediatric practice where she remained for ten years here in Rochester. In February of 2005, Dr. Weinberg joined a Fellowship Program in Arizona in Integrative Medicine. Upon graduation, she opened her own Pediatric Integrative Medicine practice while continuing to practice general pediatrics. In August of 2007, she left general practice to focus entirely on integrative medicine and its approach toward certain disorders in children. In addition, Dr. Weinberg teaches a class on Raising Healthy Kids through the Pittsford Recreation Department and has presented her expertise to many audiences including the JCC, UNYFEAT, the pediatric bipolar support group, the sensory processing disorder support group, University of Rochester school of medicine, and New York State school psychologists.



How to get to CP Rochester

**3399 Winton Rd South
Rochester, NY 14623**

Rochester/Areas North of Henrietta - 390S to Exit 14 (Jefferson Rd) turn left onto East Henrietta Rd/NY 15. Make 1st left onto Castle Rd. Building is on the left-hand side at the end of Castle where it meets Winton Rd.

Thruway/Areas South of Henrietta - Exit 46 to 390N, to Exit 14 (Jefferson RD). Turn right onto East Henrietta Rd/NY 15. Make 1st left onto Castle Rd. Building is on the left-hand side at the end of Castle where it meets Winton Rd.

Lecture Outline

Thursday April 30th
6:30-8:30

Why are more children being diagnosed with asthma, allergies, and developmental disabilities?

- I. Leaky gut
- II. Toxins in the environment
- III. Deficient nutrient intake
- IV. Damaged immune systems

What are the toxins in the environment and how can we avoid them?


- I. Hormone disruptors – bisphenol A, flame retardants, parabens
- II. Personal hygiene products – lotions, sunscreens, soap/shampoo
- III. Cleaning products
- IV. Water

Helping our children to heal

- I. Food sources - organic foods, avoiding food toxins (additives/preservatives/food colors)
- II. Special diets – gluten free/casein free, specific carbohydrate diet, rotational elimination diet, anti-inflammatory diet
- III. Probiotics
- IV. Omega-3 fatty acids
- V. Vitamin D

Educational Objectives

- Participants will be able to list and describe how food, toxins and environmental factors can impact a child's speech and language development.
- Participants will be able to describe how allergies and toxin sensitivities can affect feeding and swallowing abilities.
- Participants will learn how to recognize and alter usage of environmental toxins and allergens in a child's home that can impede their development.
- Participants will learn strategies to aid collaboration between parents, teachers, special educators, therapists and other caregivers/school personnel in order to identify environmental and food related obstacles to growth and development.

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|  <p>APPROVED PROVIDER ASHA CONTINUING EDUCATION AMERICAN SPEECH-LANGUAGE-HEARING ASSOCIATION</p> | <p>CP Rochester is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology.</p> <p>See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.</p> |
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This course is offered for .2 ASHA CEUs
(Intermediate level, Professional area)

Certificates of attendance will be awarded at the end of the program for 2 contact hours